



SGT UNIVERSITY

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY
(UGC Approved University) GURGAON, Delhi-NCR

Name of the Faculty: Behavioural Sciences

Name of the Event/ Programme: “Wellness and Healthy Lifestyle”

Type of event: Expert Lecture

Date: 27th September 2017

Time: 11 AM onwards

Venue: Faculty of Behavioural Sciences

Organizers:

About the Speaker/Guest: Prof. (Dr.) Milada Krejci, Vice – Rector of Science and Research; Head of Department of Wellness at College of Physical Education and Sports, PALESTRA, Slovackova, Prague, Czech Republic

Audience: All Students and Faculty members

Brief Report:

Prof. (Dr.) Milada Krejci, Vice – Rector of Science and Research; Head of Department of Wellness at College of Physical Education and Sports, PALESTRA, Slovackova, Prague, Czech Republic, visited the Faculty of Behavioral Sciences on 27th September 2017. Prof Milada is a well-known academician and researcher in the field of Health Education, Wellness, Circadian preferences, Sport humanistic, Wellness and Yoga application.

She delivered an expert lecture on “**Wellness and Healthy Lifestyle**” which was well attended by students of Clinical Psychology, Physiotherapy, and Indian Medicine System. Prof T. D. Dogra, Chairman IQAC addressed the gathering and Prof. Waheeda Khan, Dean (Faculty of Behavior Sciences) introduced the guest speaker and welcomed the guests.



Inputs from the expert on promoting wellness and healthy lifestyle

FACULTY OF BEHAVIOURAL SCIENCES

Name of the event: *Lecture on "Wellness and Healthy Lifestyle"*

SESSION-2017-18

Attendance Sheet (Date: 27/9/17)

S. No	Registration Number	Name	Course	Year	Signature
1	171902002	KAJAL SHARMA	Bachelor of Science (Clinical Psychology)	I	<i>Kajal</i>
2	171902004	RAKSHA KOUL	Bachelor of Science (Clinical Psychology)	I	<i>Raksha</i>
3	171902005	CHRISTIE SAJU	Bachelor of Science (Clinical Psychology)	I	<i>Christie</i>
4	171902006	MINAM TALOH	Bachelor of Science (Clinical Psychology)	I	—
5	171902007	SUNALI SAINI	Bachelor of Science (Clinical Psychology)	I	<i>Sunali</i>
6	171902008	PRIYA	Bachelor of Science (Clinical Psychology)	I	<i>Priya</i>
7	171902009	RIYA SETH	Bachelor of Science (Clinical Psychology)	I	<i>Riya</i>
8	171902010	ISHA SEHRAWAT	Bachelor of Science (Clinical Psychology)	I	<i>Isha</i>
9	171902011	JIGYASA CHAUHAN	Bachelor of Science (Clinical Psychology)	I	—
10	171902012	EKTA JHA	Bachelor of Science (Clinical Psychology)	I	<i>Ekt</i>
11	171902014	SHRISTI VATS	Bachelor of Science (Clinical Psychology)	I	<i>Shristi</i>
12	171902015	CHITRA HUDIA	Bachelor of Science (Clinical Psychology)	I	<i>Chitra</i>
13	171902016	DEVANSHI	Bachelor of Science (Clinical Psychology)	I	<i>Devanshi</i>
14	171902017	AAYUSHI	Bachelor of Science (Clinical Psychology)	I	<i>Aayushi</i>
15	171902018	SALONI CHHABRA	Bachelor of Science (Clinical Psychology)	I	<i>Saloni</i>
16	171902019	RICHA DHINGRA	Bachelor of Science (Clinical Psychology)	I	<i>Richa</i>
17	171902020	VISHAKHA	Bachelor of Science (Clinical Psychology)	I	—
18	171902021	AKANSHA JAIN	Bachelor of Science (Clinical Psychology)	I	<i>Akansha</i>
19	171902022	SUPRIYA KUMARI	Bachelor of Science (Clinical Psychology)	I	<i>Supriya</i>
20	171902023	ABHINAV MATHUR	Bachelor of Science (Clinical Psychology)	I	<i>Abhinav</i>
21	171902024	BAROJ UN NISA	Bachelor of Science (Clinical Psychology)	I	<i>Baroj</i>
22	171902025	ONAM HEMI	Bachelor of Science (Clinical Psychology)	I	<i>Onam</i>
23	171902027	SHUFIA KHAN	Bachelor of Science (Clinical Psychology)	I	<i>Shufia</i>

24	171902029	POOJA GULIA	Bachelor of Science (Clinical Psychology)	I	<i>Pooja</i>
25	171902030	TANIYA	Bachelor of Science (Clinical Psychology)	I	—
26	171902031	TODARISUKKORDOR WAH	Bachelor of Science (Clinical Psychology)	I	<i>Tod</i>
27	171902032	ANJALI SEHRAWAT	Bachelor of Science (Clinical Psychology)	I	<i>Anjali</i>
28	171902033	KHAMKORDOR HUNON	Bachelor of Science (Clinical Psychology)	I	<i>Kham</i>
29	171902034	SARTHAK	Bachelor of Science (Clinical Psychology)	I	—
30	171902035	KALPANA SHARMA	Bachelor of Science (Clinical Psychology)	I	<i>Kalpana</i>
37	171910002	DIVYANSHU ARORA	Bachelor of Arts (Hons.) (Psychology)	I	<i>Divyanshu</i>
38	171910004	ADITI KAUSHIK	Bachelor of Arts (Hons.) (Psychology)	I	<i>Aditi</i>
39	171910006	NIKHIL SHARMA	Bachelor of Arts (Hons.) (Psychology)	I	—
40	171910007	ANSHUL CHHILLAR	Bachelor of Arts (Hons.) (Psychology)	I	<i>Anshul</i>

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S. No	Registration Number	Name	Course	Year	Signature
31	171906001	DEVIKA RAJE	Master of Philosophy (Clinical Psychology)	I	Devika
32	171906002	PRERNA HASIJA	Master of Philosophy (Clinical Psychology)	I	Prerna
33	171906003	VANDANA KAUSHIK	Master of Philosophy (Clinical Psychology)	I	Vandana
34	171906004	KHUSHBOO TOMAR	Master of Philosophy (Clinical Psychology)	I	Khushboo
35	171906005	MAHIMA TRIVEDI	Master of Philosophy (Clinical Psychology)	I	Mahima
36	171906006	SHADMA JAHAN	Master of Philosophy (Clinical Psychology)	I	Shadma

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S. No	Registration Number	Name	Course	Year	Signature
41	171909001	AKANSHA BHADANA	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Akansha
42	171909002	SIMRAN JAISWAL	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Simran
43	171909003	SUMREENA RASOOL	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Sumreena
44	171909004	SUMI JAN	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Sumi
45	171909005	HEENA YADAV	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Heena
46	171909006	KAVITA	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Kavita
47	171909007	PRIYA	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Priya
48	171909009	ANANTIKA TEHLANI	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Anantika
49	171909010	ABHIJEET RAWAT	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Abhijeet
50	171909011	SHUBHAM SINGHAL	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Shubham
51	171909012	TAGE MUNYA	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Tage
52	171909013	UMANG	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Umang
53	171909014	VISHNU S	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Vishnu
54	171909015	VAIBHAV SAXENA	Master of Science (Psychology) (Clinical/Counseling/Forensic)	I	Vaibhav

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S. No	Registration Number	Name	Course	Year	Signature
55	161901002	RAMNEET KAUR KHURAN	Master of Science (Clinical Psychology)	II	Ramneet
56	161901003	KAJAL RAI	Master of Science (Clinical Psychology)	II	Kajal
57	161901004	RAKHI CHANDALIA	Master of Science (Clinical Psychology)	II	Rakhi
58	161901005	HONEY SHREE	Master of Science (Clinical Psychology)	II	Honey
59	161901006	TANYA SAHU	Master of Science (Clinical Psychology)	II	Tanya
60	161901007	PRACHI YADAV	Master of Science (Clinical Psychology)	II	Prachi
61	161901008	KAMAL CHOPRA	Master of Science (Clinical Psychology)	II	Kamal

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Registration Number	Name	Course	Year	Signature
161902002	SANJANA GARG	Bachelor of Science (Clinical Psychology)	II	—
161902003	DHEERAJ GHUGHTYAL	Bachelor of Science (Clinical Psychology)	II	—
161902005	KRITI MONGA	Bachelor of Science (Clinical Psychology)	II	<i>Kriti</i>
161902006	DEVANSHI	Bachelor of Science (Clinical Psychology)	II	<i>Devanshi</i>
161902007	KANAN SHARMA	Bachelor of Science (Clinical Psychology)	II	<i>Kanan</i>
161902009	PREETI SHARMA	Bachelor of Science (Clinical Psychology)	II	—
161902010	PARVNEET Kaur KHURANA	Bachelor of Science (Clinical Psychology)	II	<i>Parvneet</i>
161902011	LYDIA DONBIKKIM	Bachelor of Science (Clinical Psychology)	II	<i>Lydia</i>
161902012	NAMISHA CHUGH	Bachelor of Science (Clinical Psychology)	II	<i>Namisha</i>
161902013	MEHAK BHATIA	Bachelor of Science (Clinical Psychology)	II	<i>Mehak</i>
161902014	MANEESH	Bachelor of Science (Clinical Psychology)	II	—
161902015	EMANUEL VL AWMPUIA	Bachelor of Science (Clinical Psychology)	II	<i>Emanuel</i>
161902016	KHUSHBOO WASAN	Bachelor of Science (Clinical Psychology)	II	<i>Khushboo</i>
161902018	LAKSHITA RAO	Bachelor of Science (Clinical Psychology)	II	<i>Lakshita</i>
161902021	PULKIT THAKUR	Bachelor of Science (Clinical Psychology)	II	—
161902023	KAVITA SHARMA	Bachelor of Science (Clinical Psychology)	II	—
161902024	NIKITA YADAV	Bachelor of Science (Clinical Psychology)	II	<i>Nikita</i>
161902025	TANISHA KAWATRA	Bachelor of Science (Clinical Psychology)	II	<i>Tanisha</i>
161902026	SIMRAN	Bachelor of Science (Clinical Psychology)	II	<i>Simran</i>
161902027	SALOMI SAMBA DOLMA	Bachelor of Science (Clinical Psychology)	II	—
161902028	LAXMI	Bachelor of Science (Clinical Psychology)	II	<i>Laxmi</i>
161902031	MUSKAN SHARMA	Bachelor of Science (Clinical Psychology)	II	<i>Muskan</i>
161902032	EKTA KHURANA	Bachelor of Science (Clinical Psychology)	II	—

161902033	LARIHUN SYIEMLEH	Bachelor of Science (Clinical Psychology)	II	—
161902034	SHILPA	Bachelor of Science (Clinical Psychology)	II	<i>Shilpa</i>
161902036	JUHI JANA	Bachelor of Science (Clinical Psychology)	II	—
161902037	PRACHI KAUSHIK	Bachelor of Science (Clinical Psychology)	II	—
161902038	SHWETA VATS	Bachelor of Science (Clinical Psychology)	II	—

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Registration Number	Name	Course	Year	Signature
151901001	JEFFLIN HARIS RODHA	B. Sc. (Clinical Psychology)	III	—
151901002	ROUNAK CHATTERJEE	B. Sc. (Clinical Psychology)	III	<i>Rounak</i>
151901003	PRAGYA	B. Sc. (Clinical Psychology)	III	<i>Pragya</i>
151901004	SANDEEP KUMAR	B. Sc. (Clinical Psychology)	III	<i>Sandeep</i>
151901006	ARPITA KALRA	B. Sc. (Clinical Psychology)	III	—
151901007	KANIKA	B. Sc. (Clinical Psychology)	III	<i>Kanika</i>
151901008	DIVYA PRASAD	B. Sc. (Clinical Psychology)	III	<i>Divya</i>
151901009	HARSHITA GOYAL	B. Sc. (Clinical Psychology)	III	<i>Harshita</i>
151901010	KIRAN YADAV	B. Sc. (Clinical Psychology)	III	—
151901011	SHUBHAM PANDEY	B. Sc. (Clinical Psychology)	III	—
151901014	ANKITA	B. Sc. (Clinical Psychology)	III	<i>Ankita</i>
151901015	KRIKA GAUTAM	B. Sc. (Clinical Psychology)	III	<i>Kritika</i>
151901016	PRACHI SAINI	B. Sc. (Clinical Psychology)	III	<i>Prachi</i>
151901017	RADHA CHATURVEDI	B. Sc. (Clinical Psychology)	III	—
151901018	PREETI	B. Sc. (Clinical Psychology)	III	<i>Preeti</i>
151901019	INDU	B. Sc. (Clinical Psychology)	III	<i>Indu</i>
151901020	MEENAKSHI	B. Sc. (Clinical Psychology)	III	—

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